

## FEEDING INSTRUCTIONS

### Feeding **Biologically Appropriate Real/Raw Foods** (BARF Diet) to Puppies, Kittens and Adult Cats and Dogs

Transition kibble fed animals slowly to raw foods. Puppies and kittens should be adjusted to their new home and surroundings before making diet changes.

**Ideal dog and cat diets are created by feeding a variety of nutrient-dense, whole foods.** Kittens and puppies develop at super speed their first 6 months of life. Using their food to make teeth, bones, joints and muscles, the nutrients they consume also lays the foundation for their immune system. Adequate amounts of protein, calcium and other nutrients are essential during this time.

\* **Important:** Raw bone should be included in the diet of growing pups and kittens daily during this critical growth period. Mixing approximately equal amounts of meals that contain raw ground bone (BCs Best Chicken or Duck) with meals that do not contain raw bone (BCs Best Beef and Lamb) provides evolutionarily-appropriate, optimal nutrition for growth. If stools become hard, white and dry, you can decrease the amount of raw bone being fed.

**Very young animals** (4-8 weeks) may eat up to 8% of their body weight daily. Their stomachs are very small, so their daily requirements should be divided into 4 or more meals/day.

**Older pups/kittens** (8 weeks–1 year) should eat approximately 4% of their body weight daily divided between 2 or 3 meals daily. Animals under 4 months do well being fed 3x daily. It is crucial feeding amounts be continuously re-evaluated based on body condition, growth spurts and breed specific needs, which can literally change weekly as growing animals sprout into maturity.

### Raw Meat Meal Feeding Guidelines: **Recommended Daily Amount**

Animal Weight (pounds)	Adult Dog/Cat Beef/Chicken/Duck/Lamb*		Kittens/Puppy 4-8 weeks	Kittens/Puppy 8 weeks–1 year Meat/Carb Mix (See below)
	Daily portion of 1/2 pound pucks	Pounds daily	Pounds daily	Pounds daily
2	1/8	1/16	1/4	1/8
5	1/4	1/8	1/2	1/4
10	1/2	1/4	3/4	1/2
20	1	1/2		3/4
30	1 1/2	3/4		1 1/4
40	2	1		1 1/2
50	2 1/2	1 1/4		2
60	3	1 1/2		2 1/2
70	3 1/2	1 3/4		2 3/4
80	4	2		3 1/4
90	4 1/2	2 1/4		
100 or more	5 +	2 1/2 +		

